

U.S. Department of Veterans Affairs Veterans Health Administration



# Health Care Benefits Overview 2018 Edition, Vol. 1







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# Introduction

This guide is designed to provide Veterans and their families with the information they need to understand VA's health care system – eligibility requirements, health benefits and services available to help Veterans and copayments that certain Veterans may be charged.

#### **Updated Topics and Benefits!**

Stay Connected With VA - page 2 Veterans Can Apply for Enrollment by Telephone - page 3 Seamless Care for Traveling Veterans - page 9 Medication Copayments – page 11 VA Dental Insurance Program – page 23 Veterans Crisis Line – page 24 Free Transportation to VA Appointments -- page 27

This book is not intended to provide information on all of the health benefits and services offered by VA. Additional information is available at the following resources:

- <u>www.va.gov/healthbenefits</u>
- Toll-free at 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET
- Your local VA health care facility's Enrollment Office

#### Legal Status and Use of Seals and Logos

The seal of the Department of Veterans Affairs authenticates the 2018 edition of Health Care Benefits Overview as the official summary of benefits that have been separately promulgated under Federal regulations established under Register Act. Under the provisions of 38 Code of Federal Regulations 1.9(f), it is prohibited to use the official seal, replicas, reproductions, or embossed seals of the Department of Veterans Affairs on any republication of this material without the express, written permission of the Secretary or Deputy Secretary of Veterans Affairs. Any person using official seals and logos of the Department of Veterans Affairs in a manner inconsistent with the provisions of 38 Code of Federal Regulations 1.9 may be subject to the penalties specified in 18 United States Code 506, 701, or 1017 as applicable.

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# **Benefits of Enrolling**

VA offers a variety of health care services (see page 17 for the complete list of medical benefits VA offers) from basic primary care to nursing home care for eligible Veterans (see "Available Long-Term Care Services" on page 17). Enrollment in the VA health care system provides Veterans with the promise that comprehensive health care services will be available when and where they are needed.

In addition to the assurance that services will be available, enrolled Veterans appreciate not having to repeat the application process — regardless of where they seek their care or how often. VA is America's largest integrated health care system, serving more than 9 million Veterans each year.

#### Need more reasons to enroll?

- You don't need to take additional steps to meet the health care law coverage standards.
- Medical care rated among the best in the U.S.
- Immediate benefits of health care coverage. Veterans can apply for VA health care enrollment at any time.
- No enrollment fee, monthly premiums or deductibles. Most Veterans have no out-of-pocket costs. Some Veterans may have to pay small copayments for health care or prescription drugs.
- More than 1,200 VA medical facilities available to get your care. This means your coverage can go with you if you travel or move.
- Freedom to use other plans with your VA health care, including Medicare, Medicaid, TRICARE or private insurance.
- Enrolled Veterans who are travelling or spending time away from their preferred facility can obtain care at any VA health care facility across the country without having to reapply.
- Under VA's medical benefits package, the same medical benefits are generally available to all enrolled Veterans.

#### Medical Care Abroad for Veterans with a Service-Connected Disability

Veterans with a VA-rated, service-connected condition or any disability associated with and held to be aggravating; or receiving certain care furnished to a Veteran who is participating in a rehabilitation program under 38 U.S.C., chapter 31, can receive treatment for that condition, even in a foreign country (see "Health Benefits for Service-Connected Conditions are Never Out of Reach" on page 27).

#### **High Quality Care**

VA is committed to providing the high quality, effective health care Veterans have earned and deserve. We have established a record of safe, exceptional care that is consistently recognized by independent reviews, organizations and experts. VA is recognized as a leader in improving the quality of health by leveraging new technologies, research and relationships with other health care organizations. For more information, visit <u>www.va.gov/qualityofcare/</u>.

#### **Stay Connected With VA**

Share your email address with VA to receive information on VA benefits and services delivered right to your inbox! Visit the "Stay Connected with VA" box located on VA's home page at <u>www.va.gov</u> and enter your email address to start receiving information about VA benefits.

# VA Health Care Enrollment and Eligibility

#### Quickly Find Out If You May Be Eligible For Enrollment

Use the online VA Health Benefits Explorer at <u>hbexplorer.vacloud.us</u> to answer a few questions about yourself (you will be asked no more than 15 questions) and learn about the VA health care benefits you could receive as an enrolled Veteran. Afterward, you will be given an opportunity to apply for enrollment.

If you wish, you can skip the Explorer and simply apply for enrollment using one of the options below.

#### **Easy Ways to Apply for Enrollment**

#### **By Phone**

Veterans can complete applications for enrollment in VA health care by telephone. To apply, call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET. VA staff members will collect the needed information and process the application for an enrollment determination.

#### Online

Veterans can fill out the application online at <u>Vets.gov</u> and electronically submit it to VA for processing. VA will search for your supporting documentation through its electronic information systems and contact you if it is unable to verify your military service. For help filling out the application, call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET.

#### By Mail

The application form can be downloaded from <u>www.vets.gov/healthcare/apply/</u>. Mail the completed and signed form to:

Health Eligibility Center Enrollment Eligibility Division 2957 Clairmont Road Suite 200 Atlanta, GA 30329-1647

#### In Person

You can apply at any VA health care facility.

#### You Select Where You Want to Receive Your Care

As part of the enrollment process, Veterans will be given the opportunity to select the VA Medical Center (VAMC) or Community Based Outpatient Clinic (CBOC) where they prefer to been seen. To find a facility near you, visit VA's directory at <u>www.va.gov/directory</u>.

#### **VA Veterans Choice Program**

Enrolled Veterans can receive care by a community health care provider closer to home rather than wait for a VA appointment or travel a long distance to a VA facility. The Veterans Choice Program temporarily authorizes enrolled Veterans to receive health care from community providers. Any of the following conditions must apply:

- Veteran told by his or her local VA medical facility that they will not be able to schedule an
  appointment for care within 30 days of the date the Veteran's physician determines he/she needs
  to be seen or within 30 days of the date the Veteran wishes to be seen if there is no specific date
  from his or her physician;
- Veteran lives more than 40 miles driving distance from the closest VA medical facility with a fulltime primary care physician;
- Veteran needs to travel by air, boat or ferry to the VA medical facility closest to his/her home;
- Veteran faces an unusual or excessive burden in traveling to the closest VA medical facility based on geographic challenges, environmental factors, a medical condition, the nature or simplicity or frequency of the care needed and whether an attendant is needed. Staff at the Veteran's local VA medical facility will work with him/her to determine if the Veteran is eligible for any of these reasons; or
- Veteran lives in a state or territory without a full-service VA medical facility. These locations include Alaska, Hawaii, New Hampshire (excluding New Hampshire Veterans who live within 20 miles of the White River Junction VAMC) and the United States territories (excluding Puerto Rico, which has a full service VA medical facility).

Community care is only covered by VA for medical needs that have been approved by a VA physician. Veterans who choose to use their Choice Card should coordinate pre-approved care by calling 1-866-606-8198. For more information, visit <u>www.va.gov/opa/choiceact/</u>.

#### Enrollment Priority Groups - What are They and How do They Work?

VA administers its medical benefits through an annual patient enrollment system. The enrollment system is based on Priority Groups (PG) to ensure health care benefits are readily available to all enrolled Veterans. Complementing the expansion of benefits and improved access is our ongoing commitment to providing the very best in quality health care service to our patients when it is needed during that enrollment period, regardless of the treatment program or the location.

#### **Priority Group 1**

- Veterans with service-connected disabilities rated by VA as 50% or more disabling.
- Veterans determined by VA to be unemployable due to service-connected conditions.
- Veterans who have been awarded the Medal of Honor (MOH).

#### **Priority Group 2**

• Veterans with service-connected disabilities rated by VA as 30% or 40% disabling.

#### **Priority Group 3**

- Veterans who are former Prisoners of War (POWs).
- Veterans who have been awarded a Purple Heart medal.
- Veterans whose discharge was for a disability that was incurred or aggravated in the line of duty.
- Veterans with service-connected disabilities rated by VA as 10% or 20% disabling.
- Veterans who have been awarded special eligibility classification under Title 38, U.S.C., § 1151, "benefits for individuals disabled by treatment or vocational rehabilitation."

#### Priority Group 4

- Veterans who receive aid and attendance or housebound benefits from VA.
- Veterans who have been determined by VA to be catastrophically disabled.

#### **Priority Group 5**

- Veterans with a nonservice-connected or non-compensable service-connected disability and Veterans rated by VA as 0% disabled and who have an annual income below the VA's geographically-adjusted income limit (based on your resident ZIP code).
- Veterans who receive VA pension benefits.
- Veterans who are eligible for Medicaid programs.

#### **Priority Group 6**

- Veterans with a compensable 0% service-connected disability.
- Veterans exposed to ionizing radiation during atmospheric testing or during the occupation of Hiroshima and Nagasaki.
- Project 112/SHAD participants.
- Veterans who served in the Republic of Vietnam between January 9, 1962, and May 7, 1975.
- Veterans of the Persian Gulf War who served between August 2, 1990, and November 11, 1998.
- Veterans who served on active duty at Camp Lejeune for at least 30 days between August 1, 1953, and December 31, 1987.
- Currently enrolled Veterans and new enrollees who served in a theater of combat operations after November 11, 1998, and those who were discharged from active duty on or after January 28, 2003, are eligible for the enhanced benefits for five years post discharge

*Note:* At the end of this enhanced enrollment priority group placement time period, Veterans will be assigned to the highest PG for which their status at that time qualifies.

#### **Priority Group 7**

• Veterans with gross household income below the geographically-adjusted VA income limit for their resident location and who agree to pay copayments.

#### **Priority Group 8**

• Veterans with gross household incomes above the VA income limits and the geographicallyadjusted income limits for their resident location, and who agree to pay copayments.

**Veterans eligible for enrollment:** Veterans who are rated with a noncompensable 0% service-connected and are:

- **Subpriority a:** enrolled as of January 16, 2003, and who have remained enrolled since that date and/or were placed in this subpriority due to changed eligibility status.
- **Subpriority b:** enrolled on or after June 15, 2009, and whose income exceeds the current VA income limits or the geographically-adjusted VA income limits by 10% or less.

Veterans eligible for enrollment: Veterans who are nonservice-connected and:

- Subpriority c: enrolled as of January 16, 2003, and who have remained enrolled since that date and/or were placed in this subpriority due to changed eligibility status.
- **Subpriority d:** enrolled on or after June 15, 2009, and whose income exceeds the current VA income limit and geographic income limit by 10% or less.

**Veterans not eligible for enrollment:** Veterans not meeting the criteria above:

- *Subpriority e:* noncompensable 0% service-connected (eligible for care of their service-connected condition only).
- *Subpriority g:* nonservice-connected.



**Did you know...** VA provides top-quality health care tailored to the unique needs of each Veteran?

#### Find Out How You Can Benefit

Submit an application form online, by mail, or in person and VA will send you written notification of your eligibility status. Explore VA health care today at Explore.VA.gov/Health-Care.



U.S. Department of Veterans Affairs

# **Basic Eligibility for VA Health Care**

If you served in the active military, naval or air service and are separated under any condition other than dishonorable, you may qualify for VA health care benefits. Current and former members of the Reserves or National Guard who were called to active duty (other than for training only) by a federal order and completed the full period for which they were called or ordered to active duty also may be eligible for VA health care.

#### **Minimum Duty Requirements**

Most Veterans who enlisted after September 7, 1980, or entered active duty after October 16, 1981, must have served 24 continuous months or the full period for which they were called to active duty to be eligible. This minimum duty requirement may not apply to Veterans who were discharged for a disability incurred or aggravated in the line of duty, were discharged for a hardship or received an "early out." Since there are a number of other exceptions to the minimum duty requirements, VA encourages all Veterans to apply to determine their enrollment eligibility.

## **Returning Servicemembers (OEF/OIF/OND)**

Every VA medical center has a team ready to welcome OEF/OIF/OND Servicemembers and help coordinate their health care and other services. For more information about the various programs available for recently returned Servicemembers, log on to the Returning Servicemembers website at <u>www.oefoif.va.gov</u>.

Veterans who served in a theater of operations after November 11, 1998, are eligible for an extended period of eligibility for health care for five years after their discharge. In the case of multiple call-ups, the five-year enrollment period begins on the most recent discharge date. This special eligibility includes cost-free health care services and nursing home care for conditions possibly related to military service and enrollment in PG 6 or higher for five years from their date of discharge or release from active duty, unless they are eligible for enrollment in a higher priority group.

Combat Veterans who enroll with VA under this enhanced Combat Veteran authority will continue to be enrolled even after their enhanced eligibility period ends, although they may be shifted to a lower Priority Group, depending on their income level, and be required to make applicable copayments. Additionally, for care not related to combat service, copayments may be required, depending on their financial assessment and other special eligibility factors.

#### New Enrollees Will Receive a Welcome to My VA Call and a Personalized Veterans Health Benefits Handbook

Once you are enrolled, you can begin enjoying your VA health care benefits. You will receive a "Welcome to My VA" telephone call from VA staff. During that call, we can answer many of your initial questions, provide information regarding your health benefits and other services provided through VA and schedule your initial VA health care appointment. You also will receive a personalized letter and a Veterans Health Benefits Handbook in the mail. The handbook will detail your VA health care benefit information, based on your specific eligibility factors, in an organized, easy-to-read format. It also includes information on your preferred facility, copayment responsibilities, how to schedule appointments, ways to communicate treatment needs and more. For more information, visit <u>www.va.gov/healthbenefits/vhbh</u>.

#### Keep your Personal Information Updated with All VA Organizations

While you are enrolled, it is important to update or report changes to your address, phone number, name, health insurance or financial information. The three VA organizations' (Veteran Health Administration (VHA), Veteran Benefits Administration (VBA) and National Cemetery Administration (NCA)) computer databases are not connected; therefore, you will need to notify each VA organization of your demographic and personal information changes. Keeping your information accurate allows VA to better inform you of updates to benefits and services. To update your information with VHA, complete VA Form 10-10EZR (Health Benefits Renewal Form) online at <u>www.vets.gov/healthcare/apply/</u>; call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET. or contact the enrollment coordinator at your local medical facility. Self-service kiosks also are available at most VA health care facilities for use in updating your personal information. For more information, see "Self-Service Kiosks" on page 29.

#### Your Information is Secure with the Veteran Health Identification Card

VA issues enrolled Veterans a Veteran Health Identification Card (VHIC) for use at VA health care facilities. The VHIC safeguards your personal information – the member ID and card number have eliminated the need for your Social Security number to be on the card. Similar to a typical health insurance card, the VHIC signifies your enrollment in VA health care.

The VHIC is used as proof of identity and to check in for appointments at VA health care facilities. While the card is not required to receive health care, VA recommends all enrolled Veterans have one.

To obtain a VHIC, you will need to provide one form of primary identification: your driver's license, passport, or other federal, state or local photo ID with your address, to your local VA health care facility and have your photo taken. The card will be mailed to you usually within seven to 10 days after it has been requested. For more information about the types of identification needed, go to "What document(s) do I need to prove my identity to receive a VHIC?" on page 40. You also can visit <u>www.va.gov/healthbenefits/</u> <u>vhic</u> or call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET. If your card is lost or stolen, contact your local VAMC for assistance.

#### **Schedule an Appointment**

You can request a doctor's appointment when you apply for enrollment. We also can help you schedule your first appointment during your "Welcome to My VA" call. An appointment will be made with a VA doctor or other health care provider and you will be notified via mail of the appointment date and time. If you need health care before your scheduled appointment, you can contact the enrollment coordinator, the urgent care clinic or the emergency room staff at your local VA medical facility.

#### You Will Be Assigned a Personal Care Team

Every patient is assigned a Patient Aligned Care Team (PACT) they can count on to help coordinate and personalize their care. Every PACT includes a primary care provider, clinical pharmacist, registered nurse care manager, licensed practical nurse or medical assistant and clerk. Veterans can expect their PACT to help them use health care services, including eHealth technologies, which are necessary to optimize their health and well-being. For more information, visit <u>www.patientcare.va.gov/primarycare/PACT.asp</u> or contact the enrollment coordinator at your local VA medical facility.

#### **Seamless Care for Traveling Veterans**

VA wants to ensure your health care is coordinated and seamless, whether you are seen at your local VA health care facility or at an alternate VA health care facility as you travel or have a temporary change of address (for example, if you live in one state during the winter and another during summer). If you know you will be traveling, your experience can be enhanced if you contact your VA PACT or Specialty Care Provider(s) four to six weeks before traveling, or as soon as possible. If you see a VA provider while traveling, that care will be recorded in your electronic medical record for follow-up treatment options with your PACT. When you contact your PACT, be sure to have the following information available:

- Travel destination(s) and temporary address(es)
- A valid telephone number
- Arrival and departure dates
- Specific care concerns

For more information, contact your PACT or a Traveling Veteran Coordinator at your local VA facility.

#### **Coordinating Care among VA Facilities**

You may receive specialized medical treatments and services in a variety of VA settings - clinic, hospital, emergency room, VA Community Living Center or your own residence. To manage the different aspects of care effectively, your PACT will use our electronic medical record system to ensure the coordination of your care, whether at your preferred site of care or an alternate facility.

For more information, contact your PACT or a traveling Veteran coordinator at your local VA facility.

#### Enrolled, but Later Determined Ineligible

Enrolled Veterans who are receiving health care benefits and are later determined to not be eligible for enrollment will be notified via letter 60 days prior to disenrollment. This will give the Veteran adequate time to provide VA with the needed information to finalize the enrollment decision and, if necessary, transfer his or her medical care to the private sector or to seek other options for medical care.

The pre-termination of enrollment letter will indicate:

- The reason for the decision (lack of proof of Veteran status, eligibility, etc.)
- The proposed effective date of the decision
- Appeal procedures and the right to present evidence
- Request a personal hearing and have representation

During the 60-day period, the Veteran has the right to:

- Contest or provide additional information before a final eligibility determination is made
- Remain in his/her current enrollment group and continue to receive health care benefits

At the end of the 60 days and after thoroughly reviewing any new evidence or information submitted, VA will make a final eligibility determination. If the information provided assists in determining that the Veteran is eligible for enrollment, the Veteran will receive a notification letter indicating continued eligibility status. If the Veteran is determined not eligible for enrollment, the Veteran will receive a notification letter indicating the:

- Reason for disenrollment
- Date of disenrollment
- Instructions for submitting VA Form 4107 VHA (Your Right to Appeal Our Decision)

#### **Financial Reporting Requirements**

While many Veterans qualify for enrollment and cost-free health care services based on a compensable service-connected condition or other qualifying factors, certain Veterans will be asked to complete a financial assessment at the time of enrollment to determine their eligibility for free medical care, medications and/or travel benefits. The assessment is based on the previous year gross household income of the Veteran and his or her spouse and dependents, if any. This financial information also may be used to determine the Veteran's enrollment Priority Group.

For more information, visit <u>www.va.gov/healthbenefits/cost/financial\_assessment.asp</u>, call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET or contact the enrollment coordinator at your local VA medical facility.

*Note:* VA has eliminated the annual requirement for updated financial information. VA now uses information from the Internal Revenue Service (IRS) and Social Security Administration (SSA) to automatically match individual Veteran's income information, reducing the burden on Veterans to keep their health care eligibility up to date.

#### **Net Worth Information No Longer Required**

In January 2015, VA eliminated the use of net worth information as a determining factor for eligibility and copayment responsibilities. VA will only consider a Veteran's gross household income and deductible expenses from the previous year. This change makes VA health care benefits more affordable to lower-income Veterans who have no service-connected condition or other qualifying factors.

#### Use Our Online Tool to Determine Your Eligibility Based on Income

Our financial calculator at <u>hbexplorer.vacloud.us</u> can help you determine whether your income would be considered in determining your enrollment eligibility.



JOHN L SMITH

Medicare Number/Número de Medicare 1EG4-TE5-MK72 Entitled to/Con derecho a HOSPITAL (PART A) MEDICAL (PART B)

Coverage starts/Cobertura empieza 03-01-2016 03-01-2016

# VA Wants you to remember!

Under Medicare Part B, VA health care is NOT creditable coverage. Creditable coverage under Medicare Part B can only be provided through an employer. Although a Veteran may avoid the late enrollment penalty for Medicare Part D by citing VA health care enrollment, that enrollment would not help the Veteran avoid the late enrollment penalty for Part B.

# **Medication Copayments**

The Tiered Copayment Medication Structure (TCMS) policy went into effect on February 27, 2017. The tiered structure established copayments for 30-day prescriptions at \$5 for Tier 1 (top 75 generics), \$8 for Tier 2 (all other generics) and \$11 for Tier 3 (sole source/brand name). Veterans in Priority Groups 2 through 8 are limited to a \$700 annual copayment cap.

Copayment rates may change annually, including the annual cap on medication copayments.

Veterans in Priority Group 1 do not pay for medications.

#### Effective February 27, 2017

Veterans in Priority Groups 2 through 8 are required to pay for each 30-day or less supply of medication for treatment of nonservice-connected condition (unless otherwise exempt).

Medication Supply	Copayment
30-day or less supply for Tier 1 (Preferred Generics) medications for certain Veterans	\$5
30-day or less supply for Tier 2 (non-preferred generics and some over the counter) medications for certain Veterans	\$8
30-day or less supply for Tier 3 (Brand Name) Medications for certain Veterans	\$11
(Veterans in Priority Groups 2 through 8 are limited to a $$700$ appual cap)	а.

(Veterans in Priority Groups 2 through 8 are limited to a \$700 annual cap)

#### **Inpatient Copayments**

There are two inpatient copayment rates – the full and reduced rate. The reduced inpatient copayment rate, which is 20% of the full inpatient rate, applies to Veterans enrolled in PG 7. Both the full and the reduced rates are computed over a 365-day period. This copayment is charged in addition to a standard copayment for each 90 days of care within a 365-day period, regardless of the level of service (such as intensive care, surgical care or general medical care); a per diem charge will be assessed for each day of hospitalization. Because the inpatient copayment rates change each year, they are published separately and can be found online at <u>www.va.gov/healthbenefits/cost</u>. For more copayment information, call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET.

#### Long-Term Care Copayment Rates\*

Long-term care copayment is based on three levels of care (see "Available Long-Term Care Services" on page 17).

- Inpatient: Community Living Centers (nursing home) Care/Inpatient Respite Care/Geriatric Evaluation Up to \$97 per day
- **Outpatient:** Adult Day Health Care/Outpatient Geriatric Evaluation/Outpatient Respite Care \$15 per day
- Domiciliary Care: \$5 per day

\*Copayments for long-term care services start on the 22nd day of care during any 12-month period — there is no copayment requirement for the first 21 days. Actual copayment charges will vary from Veteran to Veteran, depending on the financial information submitted on VA Form 10-10EC (Application for Extended Care Services).

#### **Cost-Free Care for Certain Veterans**

Many Veterans qualify for cost-free health care and/or medications based on:

- Receipt of a Purple Heart
- Former Prisoner of War Status
- 50% or more Compensable VA service-connected disabilities (0-40% service-connected may take the co-pay test to determine medication copayment status)
- Deemed catastrophically disabled by a VA provider
- Income below the income limit
- Other qualifying factors, including treatment related to their military service experience.
- Special registry examinations offered by VA to evaluate possible health risks associated with military service.
- VA policy on counseling and care for military sexual trauma
- Compensation and pension examinations requested by the VBA. This is a physical exam to establish service-related illnesses or injuries as part of a determination of a Veteran's entitlement to compensation and pension benefits.
- Care that is part of a VA-approved research project
- Care related to a VA-rated, service-connected disability
- Recommended readjustment counseling and related mental health services
- Care for cancer of the head or neck that was caused by nose or throat radium treatments received while in the military
- Results of a catastrophic disability exam
- Participation in Individual or group smoking cessation or weight reduction services
- Publicly announced VA public health initiatives, such as health fairs
- Care received that is potentially related to combat service of Veterans who served in a theater of combat operations after November 11, 1998. This benefit is effective for five years after the date of the Veteran's most recent discharge from active duty.
- Conditions discovered in their laboratory and electrocardiograms

#### VA Has Programs That Can Help Veterans Pay Copayments

VA offers a wide range of services to support Veterans, including financial assistance options. Veterans who have copayments associated with VA health care are responsible to pay those obligations in a timely manner. If Veterans are unable to pay their VA copayments, VA can help with alternate payment arrangements including repayment plans, waivers or a compromise. Once a debt becomes 120 days old, it is referred to the Department of Treasury for collection and VA can no longer accept payments or provide financial assistance.

\*Note: Payments made to VA by a private health insurance carrier may allow VA to offset part or all of a Veteran's VA copayment.

Four possible options for Veterans unable to pay assessed copayment charges		
Hardship Determination	A hardship determination provides an exemption from outpatient and inpatient copayments for the remaining calendar year. If your projected household income is substantially below your prior year's income, you may request a hardship determination by contacting your local enrollment coordinator.	

Four possible options for Veterans unable to pay assessed copayment charges		
Waiver	Veterans can request a waiver of part or all of their debt. If a waiver is granted, the Veteran will not be required to pay the amount waived. Veterans may submit a completed VA Form 5655 (Financial Status Report), along with an explanation of why the debt would cause a financial hardship. Veterans also may submit in writing a request for a waiver hearing. VA will notify the Veteran of the date, time and place where the hearing will be held. For more information on waivers, call VA customer service at 1-866-400-1238, Monday through Friday from 8 a.m. to 8 p.m. ET.	
Offer in Compromise	Veterans can apply for a compromise and propose a lesser amount as full settlement of their debt by submitting a request in writing specifying the dollar amount they can pay along with a completed VA Form 5655 (Financial Status Report). For more information on compromises, call VA customer service at 1-866-400-1238, Monday through Friday from 8 a.m. to 8 p.m. ET.	
Repayment Plans	Veterans can establish a monthly repayment plan if they cannot pay their copayment charges when due by submitting a VA Form 1100 (Agreement to Pay Indebtedness) indicating a proposed monthly payment amount and include the account number and payment stub. For more information on repayment plans, call VA customer service at 1-866-400-1238, Monday through Friday from 8 a.m. to 8 p.m. ET.	

#### **Veterans with Catastrophic Disabilities**

Veterans who were previously not eligible for enrollment because their income is over the income limits and are deemed catastrophically disabled by VA are eligible for enrollment.

To be considered catastrophically disabled, a Veteran must be determined by a VA provider to have a severely disabling injury, disorder or disease that compromises their ability to carry out the activities of daily living to such a degree that personal or mechanical assistance is required to leave home or bed, or constant supervision is required to avoid physical harm to themselves or others. Veterans may request a catastrophic disability evaluation by contacting the enrollment coordinator at their local VA health care facility. VA will make every effort to schedule an evaluation within 30 days of the request. There is no charge for the evaluation. If found to be catastrophically disabled, the Veteran will be enrolled and receive cost-free VA medical care and medications; however, Veterans in this category may be subject to copayments for extended care (long-term care). Additionally, enrolled Veterans in a lower priority group, such as PG 7 or 8, will be moved to PG 4.

# **Coverage Under The Affordable Care Act**

The Affordable Care Act (ACA), also known as the health care law, was created to expand access to coverage, control health care costs and improve health care quality and care coordination. The health care law does not change VA health benefits or Veterans' out-of-pocket costs.

#### Three things you should know:

- 1. VA wants all Veterans to receive health care that improves their health and well-being.
- 2. If you are enrolled in any of these VA programs, you have coverage under the standards of the health care law:
  - Veteran's health care program
  - CHAMPVA
  - Spina Bifida health care benefits program
- 3. If you are not enrolled in VA health care, you can apply at any time.

Veterans and family members who are not eligible for VA health care and who do not have employerprovided health insurance should use the Marketplace to get health coverage by going to <u>www.healthcare.gov/</u>. To find in-person assistance nearby to help you apply, pick a plan and enroll for free, go to <u>https://localhelp.healthcare.gov</u> or call the Marketplace Call Center at 1-800-318-2596 24 hours a day, seven days a week.

*Note:* U.S. taxpayers will need to declare if they have health coverage on their federal tax forms. In 2016, VA began notifying enrolled Veterans via mail of their period of health care coverage during the previous calendar year. This law also requires VA to provide notification to the Internal Revenue Service. For more information about ACA and VA health care, visit VA's website at <u>www.va.gov/health/aca</u> or call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET.

#### Tax Credit

If you are enrolled with VA for your health care, your enrollment meets the standard for minimum essential health care coverage under ACA. You are not eligible for assistance to lower your cost of health insurance premiums if you chose to purchase additional health insurance on the Marketplace to complement your VA health care coverage. Also, you cannot receive a tax credit for yourself when enrolling within the Marketplace if you are currently enrolled with VA for your health care.

# The Affordable Care Act

WHAT VETERANS NEED TO KNOW ABOUT THE HEALTH CARE LAW WWW.VA.GOV/HEALTH/ACA



# VA and Other Health Insurance

If you have other forms of health care coverage, such as a private insurance plan, Medicare, Medicaid or TRICARE, you can continue to use VA along with these plans. Remember, it is always a good idea to inform your doctors if you are receiving care outside of VA so your health care can be coordinated.

#### **Private Health Insurance**

Veterans with private health insurance may choose to use these sources of coverage as a supplement to their VA health care benefits. Veterans are not responsible for paying any remaining balance of VA's insurance claim not paid or covered by their health insurance.

VA is required, by law, to bill private health insurance providers for medical care, supplies and prescriptions provided for treatment of Veterans' nonservice-connected conditions. All Veterans applying for VA medical care are required to provide information on their health insurance coverage, including coverage provided under policies of their spouses. Any payment received by VA may be used to offset "dollar for dollar" a Veteran's VA copay responsibility.

Funds that VA receives from third party health insurance carriers go directly back to VA Medical Center's operational budget. That money can be used to hire more staff or buy medical equipment to improve Veterans health care. Enrolled Veterans can provide or update their insurance information by:

- 1. Using the online Health Benefits Renewal form (10-10-EZR) at <u>www.vets.gov/healthcare/apply/</u>.
- 2. Calling 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET.
- 3. Presenting their health insurance card to the clinic clerk during check-in. VA health care is NOT considered a health insurance plan.

#### **Medicare Coverage**

#### Creditable Coverage

Enrollment in the VA health care system is considered creditable coverage for Medicare Part D purposes. This means VA prescription drug coverage is at least as good as the Medicare Part D coverage. Since only Veterans can enroll in the VA health care system, dependents and family members do not receive credible coverage under the Veteran's enrollment.

Under Medicare Part B, VA health care is NOT creditable coverage. Creditable coverage under Medicare Part B can only be provided through an employer. Although a Veteran may avoid the late enrollment penalty for Medicare Part D by citing VA health care enrollment, that enrollment would not help the Veteran avoid the late enrollment penalty for Part B.

VA does not recommend Veterans cancel or decline coverage in Medicare (or other health care or insurance programs) solely because they are enrolled in VA health care. Unlike Medicare, which offers the same benefits for all enrollees, VA assigns enrollees to enrollment priority groups based on a variety of eligibility factors, such as service-connection and income. There is no guarantee that in future years Congress will appropriate sufficient medical care funds for VA to provide care for all enrollment priority groups, with no access to VA health care coverage. For this reason, having a secondary source of coverage may be in Veterans' best interest.

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Enrolling in both VA and Medicare can provide Veterans flexibility. For example, Veterans enrolled in both programs would have access to community physicians (under Medicare Part A or Part B) and can obtain prescription drugs not on the VA formulary if prescribed by community physicians and filled at their local retail pharmacies (under Medicare Part D).

For more information on Medicare coverage, visit the Health and Human Services Medicare website at <u>www.medicare.gov</u>.

#### **Medicare Beneficiary Identifier**

The Centers for Medicare and Medicaid Services (CMS) will issue new Medicare cards that use a Medicare Beneficiary Identifier (MBI) instead of a Social Security number to identify subscribers. Veterans should bring their new cards to their next VA appointment so the subscriber ID can be updated in the patient's Medicare insurance file. For more information regarding the MBI, visit <u>www.medicare.gov</u>.

# **Medical Benefits Package**

Your comprehensive VA Health Benefits package includes all the necessary inpatient hospital care and outpatient services to promote, preserve or restore your health. VA medical facilities provide a wide range of services, including traditional hospital-based services such as surgery, critical care, mental health, orthopedics, pharmacy, radiology and physical therapy.

In addition, most of our medical facilities offer additional medical and surgical specialty services, including audiology and speech pathology, dermatology, dental, geriatrics, neurology, oncology, podiatry, prosthetics, urology and vision care. Some medical centers also offer advanced services, such as organ transplants and plastic surgery.

#### **Preventive Care Services**

- Immunizations
- Physical Examinations (including eye and hearing examinations)
- Health Care Assessments
- Screening Tests
- Health Education Programs

#### **Ambulatory (Outpatient) Diagnostic and Treatment Services**

- Primary and Specialty Care
- Surgical (including reconstructive/plastic surgery as a result of disease or trauma)
- Mental Health
- Substance Abuse

#### Hospital (Inpatient) Diagnostic and Treatment Services

- Medical
- Surgical (including reconstructive/plastic surgery as a result of disease or trauma)
- Mental Health
- Substance Abuse
- Prescription Drugs when prescribed by a VA physician

#### **Meeting Women Veterans' Unique Needs**

Our staff delivers the highest quality health care in a setting that ensures privacy, dignity, and sensitivity. Your local VA facility offers a variety of services, including:

- Women's gender-specific health
- Screening and disease prevention
- Routine gynecologic services

Female Veterans are potentially eligible to receive care provided in the community when authorized by VA; however, the decision to use such care is left to the facility providing your care. By law, purchased care can only be provided when your treating facility cannot provide you the care you require or because of geographical inaccessibility.

Contact your local VA facility's Women Veterans Program Manager for more information on available services, or call 1-855-VA-WOMEN (1-855-829-6636).

#### **Available Long-Term Care Services**

The following is a list of standard benefits. For more information on Extended Care Services and Geriatrics, visit <u>www.va.gov/healthbenefits/access/geriatrics.asp</u>.

#### VA Community Living Centers (Nursing Home) Programs

While some Veterans qualify for indefinite Community Living Center (formerly known as nursing home care) services, other Veterans may qualify for a limited period of time.

#### **Domiciliary Care**

Domiciliary care provides rehabilitative and long-term health maintenance care for Veterans who require some medical care but do not require all the services provided in nursing homes. Domiciliary care emphasizes rehabilitation and a return to the community.

#### **Medical Foster Home**

Medical Foster Homes are private homes in which a trained caregiver provides services to a few individuals. Some, but not all, residents are Veterans. VA inspects and approves all Medical Foster Homes. Contact your VA social worker or case manager for more information on Medical Foster Home care.

#### **State Veterans Homes**

State Veterans Homes are facilities that provide nursing home, domiciliary or adult day care. Each state establishes eligibility and admission criteria for its homes. For more information about your State Veterans Home, contact the Veterans home directly or Social Work Service at your local VA facility.

#### **Additional Services**

#### **Geriatric Evaluation**

Geriatric evaluation is the comprehensive assessment of a Veteran's ability to care for him/herself, his/her physical health and social environment, which leads to a plan of care. The plan could include treatment, rehabilitation, health promotion and social services. These evaluations are performed by inpatient Geriatric Evaluation and Management (GEM) units, GEM clinics, geriatric primary care clinics and other outpatient settings.

#### **Geriatrics and Extended Care**

Geriatrics and Extended Care provides services for Veterans who are elderly and have complex needs, as well as Veterans of any age who need daily support and assistance. Veterans can receive care at home, at VA medical centers or in the community.

#### **Adult Day Health Care**

Adult Day Health Care is a program Veterans can go to during the day for social activities, peer support, companionship and recreation. The program is for Veterans who need skilled services, case management and help with activities of daily living (such as bathing, getting dressed and preparing meals). Adult Day Health Care can provide respite care for a family caregiver and can help Veterans and their caregivers gain skills to manage the Veterans' care at home.

#### **Respite Care**

Respite Care is a service that pays for a person to come to a Veteran's home or for the Veteran to be cared for in a care facility while his or her family caregiver takes a break. Respite Care services may be available up to 30 days each calendar year.

#### **Home Health Care**

Home Health Care includes VA's Skilled Home Health Care Services (SHHC), Homemaker and Home Health Aide Services (H/HHA) and Family Caregivers Program. For more information on these programs, visit <a href="http://www.va.gov/healthbenefits/access/home\_health\_care.asp">www.va.gov/healthbenefits/access/home\_health\_care.asp</a>.

SHHC is a short-term health care service that can be provided to Veterans if they are homebound or live far away from VA. The care is delivered by a community-based home health agency that has a contract with VA. The services of an H/HHA can help Veterans remain living in their own home and can serve Veterans of any age.

VA's Family Caregivers Program provides support and assistance to caregivers of Post-9/11 Veterans and Servicemembers who are being medically discharged. Eligible primary family caregivers can receive a stipend, training, mental health services, travel and lodging reimbursement and access to health insurance if they are not already under a health care plan. For more information, contact your local VA medical facility and speak with a caregiver support coordinator, visit <u>www.caregiver.va.gov</u> or call toll-free at 1-877-222- VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET.

#### **Home Telehealth**

VA's Home Telehealth, also known as Care Coordination/Home Telehealth, allows the Veteran's physician or nurse to monitor the Veteran's medical condition remotely using monitoring equipment. Veterans can be referred to a care coordinator for Home Telehealth services by any member of their care team. The Home Telehealth program aims to make the patient's home the preferred place to receive care, whenever possible.

#### **Hospice/Palliative Care**

Hospice/palliative care is comfort-based care for Veterans who have a terminal condition with six months or less to live. Hospice care provides treatment that relieves suffering and helps to control symptoms in a way that respects your personal, cultural and religious beliefs and practices. Hospice also provides grief counseling to your family.

There are no copayments for hospice care provided in any setting.

#### **Long-Term Care Services**

Veterans who are not automatically exempt from making copayments for long-term care services (see "Medication Copayments" on page 11) must complete VA Form 10-10EC, "Application for Extended Care Services," to determine whether they qualify for cost-free services or to what extent they are required to make long- term care copayments. Unlike copayments for other VA health care services, which are based on fixed charges, long-term care copayment charges are adjusted based on each Veteran's financial status.

#### **Benefits with Special Eligibility Criteria**

While all enrolled Veterans enjoy access to VA's comprehensive medical benefits package, certain benefits may vary depending on each Veteran's unique eligibility status. The following care services (partial listing) have limitations and may have special eligibility criteria:

- Ambulance Services
- Dental Care
- Community Health Care Services

#### **Hearing Aids and Eyeglasses**

Hearing aids, contact lenses and eyeglasses may be provided to the following enrolled Veterans as authorized in 38 CFR, provided they receive VA care or services:

- Veterans with any compensable, service-connected disability
- Former Prisoners of War (POWs)
- Veterans awarded a Purple Heart
- Veterans in receipt of benefits under 38 USC 1151 (such as benefits for persons disabled by treatment or vocational rehabilitation)
- Veterans in receipt of increased pension based on the need for aid and attendance benefits or by reason of being permanently housebound
- Veterans who have a visual or hearing impairment resulting from the existence of another medical condition for which the Veteran is receiving VA care or that resulted from treatment of that medical condition
- Veterans with significant functional or cognitive impairment evidenced by deficiencies in activities of daily living (not including normally occurring visual or hearing impairments)
- Veterans with severe visual or hearing impairment and for whom hearing aids and/or eyeglasses are necessary to ensure their Veteran active participation in their own medical treatment
- Veterans with a 0% service-connected hearing disability

#### **Veterans Transportation Service**

The Veterans Transportation Service (VTS) is designed to ensure that all qualifying Veterans have access to care through convenient, safe, and reliable transportation. VTS provides qualifying Veterans with free transportation services to and/or from participating VA medical centers (VAMCs) in a multi-passenger van. This service ensures that all qualifying Veterans who do not have access to transportation options of their own due to financial, medical or other reasons, are able to travel to VA medical facilities or authorized community appointments to receive the care they have earned. Visit <u>www.va.gov/HEALTHBENEFITS/vtp/</u>map.asp to see a list of VTS sites and points of contact in your area to assist you meet your transportation needs.

# **Additional VA Health Benefits Programs**

#### **Dependents and Survivors**

#### CHAMPVA

CHAMPVA is a health care benefits program for:

- Dependents of Veterans who have been rated by VA as having a service-connected total and permanent disability
- Survivors of Veterans who died from VA-rated service-connected condition(s) or who, at the time of death, were rated permanently and totally disabled from a VA-rated service- connected condition(s)
- Survivors of persons who died in the line of duty, not due to misconduct, and who are not otherwise entitled to benefits under DoD's TRICARE program

Address	Telephone	Have Questions?
CHAMPVA PO Box 469063 Denver, CO 80246-9063	1-800-733-8387	https://iris.custhelp.com/

#### **CHAMPVA** online

www.va.gov/COMMUNITYCARE/programs/dependents/champva/index.asp

#### Children of Women Vietnam Veterans Health Care Benefits

Children of Women Vietnam Veterans is a program designed for women Vietnam Veterans' birth children who are determined by the Veteran Benefits Administration to have one or more covered birth defects.

Address	Telephone	Have Questions?
Children of Women Vietnam Veterans PO Box 469065 Denver, CO 80246-9065	1-888-820-1756	https://iris.custhelp.com/
CWVV online		
www.va.gov/COMMUNITYCARE/programs/dependents/cwvv/index.asp		

#### Spina Bifida Health Care Benefits

Spina Bifida Health Care Benefits is a program designed for Vietnam and certain Korea Veterans' birth children who are diagnosed with spina bifida (e xcluding spina bifida occulta) and who are in receipt of a Veteran Benefits Administration award for spina bifida benefits.

Address	Telephone	Have Questions?
Spina Bifida Health Care PO Box 469065 Denver, CO 80246-9065	1-888-820-1756	https://iris.custhelp.com/ or spina.ing@med.va.gov
Spina Bifida online		
www.va.gov/COMMUNITYCARE/programs/dependents/spinabifida/index.asp		

#### **Emergency Care**

A medical emergency is generally defined as a condition of such a nature that a sensible person would reasonably expect that a delay in seeking immediate medical attention would be hazardous to life or health.

You may receive emergency care at a community health care facility, possibly at VA expense, when a VA facility (or other federal health care facility with which VA has an agreement) cannot furnish efficient care due to your distance from the facility, VA cannot provide timely care, or when VA is unable to furnish the needed emergency services.

#### VA Payment for Emergency Care of your Service-connected Conditions without Prior Authorization

Since payment may be limited to the point when your condition is stable enough for you to be transferred to a VA facility, you, a family member or a friend need to contact the closest VA medical facility within 72 hours from the time of admission. The emergency is deemed to have ended when a VA provider has determined that, based on sound medical judgment, you could be transferred from the community facility to a VA medical center.

VA may pay for your community emergency care.

If you are:	Then:
Service-connected	VA may pay for your:
	community emergency care for a rated service-connected disability, or
	<ul> <li>nonservice-connected condition associated with and held to be aggravating your service-connected condition.</li> </ul>
	<ul> <li>treatment to make possible your entrance into a training course or to prevent interruption of a training course, if you are an active participant in the 38 U.S.C. Chapter 31 Vocational Rehabilitation and Employment Program or</li> </ul>
	<ul> <li>care if you are rated as having a total disability permanent in nature resulting from your service-connected disability, or</li> </ul>
	other approved reasons.

# VA Payment for Emergency Care of your NonService-connected Conditions without Prior Authorization

VA may pay for emergency care provided in a community facility for treatment of a nonservice-connected condition only if all of the following conditions are met:

If you are:	Then:
Nonservice connected	The episode of care cannot be paid under another VA authority, and
	Based on an average knowledge of health and medicine (prudent
	layperson standard), it could be reasonably expected that a delay in
	seeking immediate medical attention would have been hazardous to
	your life or health, and
	A VA or other Federal facility/provider was not feasibly available, and
	You received VA medical care within a 24-month period preceding the
	community emergency care, and
	You are financially liable to the health care provider for the emergency
	care, and
	The services were furnished by an emergency department or similar
	facility that provides emergency care to the general public, and
	You have no contractual or legal recourse again st a third party that
	would, in whole, extinguish your liability

#### **VA Dental Insurance Program**

VA would like all Veterans to have access to good dental care; however, it is limited to providing dental benefits to those Veterans who meet certain eligibility criteria. To help Veterans who are not eligible for VA dental benefits or need more comprehensive dental care, VA offers enrolled Veterans and beneficiaries of CHAMPVA the opportunity to purchase dental insurance at a reduced cost through its VA Dental Insurance Program (VADIP).

VADIP has been extended for an additional five years, until Dec. 31, 2021, by the VA Dental Insurance Reauthorization Act of 2016. Delta Dental of California and MetLife offer private dental insurance plans for enrolled Veterans and beneficiaries of CHAMPVA for VADIP. Enrollment in the program opened Nov. 15, 2017.

VADIP provides eligible individuals the opportunity to purchase discounted dental insurance coverage, including diagnostic services, preventive services, endodontic and other restorative services, surgical services and emergency services. Individuals who enroll in one of the dental insurance plans will pay the entire premium in addition to the full cost of any copayments. Enrollment is voluntary and does not affect eligibility for VA outpatient dental services and treatment.

The plans are available to eligible individuals in the United States, the District of Columbia, Puerto Rico, Guam, the U.S. Virgin Islands, American Samoa and the Commonwealth of the Northern Mariana Islands. Individuals who were enrolled in VADIP during the pilot period (January 1, 2013 – January 31, 2017) must re-enroll in one of the new plans offered by Delta Dental or MetLife. While the insurance providers will remain the same, plan options, fees and other factors may have changed from those offered during the pilot.

For more information about VADIP, call 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET or visit <u>www.va.gov/healthbenefits/vadip</u>. You may review each insurer for specific information regarding their registration, rates and services: Delta Dental at <u>feds.deltadentalins.com/vadip/</u> or call 1-855-370-3303; MetLife at <u>www.metlife.com/VADIP</u> or call 1-888-310-1681.

#### **Veteran Identification Card**

Former President Obama signed into law the "Veterans Identification Card Act of 2015." This Act allows eligible Veterans to be issued an identification card directly from VA. The Veteran Identification Card (VIC) should not be confused with VA's legacy Veteran Identification Card (VIC), which was issued by VA medical facilities for health services, 2004 until 2013, before being replaced by the current Veterans Health Identification Card (VHC). This VIC cannot be used in VA medical facility kiosks to sign in for appointments or update your information. Veterans not eligible for a VHIC may consider applying for this card. For more information and to apply, visit <u>www.Vets.gov/</u>.

#### **Mental Health Services**

#### **Veterans Crisis Line**

The Veterans Crisis Line is a toll-free, confidential resource that connects Veterans in crisis and their families and friends with qualified, caring VA responders.

Veterans who are in crisis or having thoughts of suicide and those who know a Veteran in crisis can call the Veterans Crisis Line for confidential support 24 hours a day, seven days a week, 365 days a year. They can call 800-273-8255 and press 1, chat online at <u>www.vets.gov/</u>, or text to 838255, even if they are not registered with VA or enrolled in VA health care.

The professionals at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances — from Veterans coping with mental health issues that were never addressed to Veterans struggling with relationships or the transition back to civilian life.

#### **Military Sexual Trauma**

Military Sexual Trauma (MST) is the term VA uses to refer to sexual assault or repeated, threatening sexual harassment occurring during a Veteran's military service. VA has expanded eligibility for Veterans in need of mental health care due to sexual assault or sexual harassment to Reservists and National Guard members participating in weekend drill. Veterans can learn more about VA's MST-related services online at www.mentalhealth.va.gov/msthome.asp.

#### In-/outpatient and Residential Services

VA provides free outpatient, inpatient and residential services to help Veterans recover from MST. MST services are available to both male and female Veterans without a limit to the duration of care. MST-related outpatient services are available at every VA health care facility. VA also has programs that offer specialized MST treatment in a residential or inpatient setting. These programs are for those who need more intense treatment and support.

#### **Receive Free MST-Related Care**

To receive free treatment related to MST, Veterans do not need a VA service-connected disability. Veterans do not need to have reported the incident when it happened or have other documentation that it occurred. There are no length-of-service requirements to receive care, and some Veterans may be able to receive free MST-related care even if they are not eligible for other VA care.

For more information, contact the MST coordinator at your nearest VA Medical Center or visit <u>www.mentalhealth.va.gov/msthome.asp</u>. A list of VA and Vet Center facilities can be found online at <u>www.va.gov/directory/</u>.

#### **Readjustment Counseling Services**

VA provides free readjustment counseling encompassing a wide range of social services offered to eligible Veterans, Servicemembers, and their families in the effort to make a successful transition from military to civilian life. Vet Center staff are available toll free and around the clock at 877-WAR-VETS (927-8387).

For additional information regarding readjustment counseling services, visit www.vetcenter.va.gov/Vet Center Services.asp.

#### **Homeless Veterans**

VA has founded a National Call Center for Homeless Veterans so that Veterans who are homeless or at risk for homelessness have free, 24/7 access to trained counselors. The hotline is intended to assist homeless Veterans and their families, VA medical facilities, federal, state and local partners, community agencies, service providers and others in the community. To be connected with the Homeless Call Center, call toll free 1-877-4AID VET (877-424-3838).

Learn about VA homeless programs and mental health services in your area that can help you. For more information, visit www.va.gov/homeless.

#### **Caregivers** Program

The Caregivers Benefit Program provides certain medical, travel, training and financial benefits to caregivers of certain Veterans and Servicemembers who were seriously injured during their military service on or after September 11, 2001. Eligible primary family caregivers can receive a stipend, training, mental health services, travel and lodging reimbursement and access to health insurance if they are not already under a health care plan.

For more information, contact your local VA medical facility and speak with a caregiver support coordinator, visit <u>www.caregiver.va.gov</u> or call toll-free at 1-855-260-3274.

#### **Camp Lejeune Water Contamination Benefits**

From the 1950s through the 1980s, people living or working at the U.S. Marine Corps Base Camp Lejeune, N.C., may have been exposed to drinking water contaminated with industrial solvents, benzene and other chemicals.

Veterans who served on active duty at Camp Lejeune for at least 30 days between August 1, 1953, and December 31, 1987, may be eligible for cost-free medical care through VA for the following health conditions:

- Bladder cancer
- Breast cancer
- Esophageal cancer
- Female infertility
- Hepatic steatosis
- Kidney cancer
- Leukemia
- Lung cancer

- Miscarriage
- Multiple myeloma
- Myelodysplastic syndromes
- Neurobehavioral effects
- Non-Hodgkin's lymphoma
- Renal toxicity
- Scleroderma

Veterans who are experiencing other health conditions that they think may be related to contaminated water at Camp Lejeune are encouraged to contact their primary care provider and to file a claim. Veterans must still meet the criteria of a Veteran – minimum service time, character of discharge and serving in the active duty military, naval or sea service.

#### **Camp Lejeune Veterans:**

- Do not need to have one of the 15 health conditions to be eligible to receive VA health care, nor do they need a service-connected disability to be eligible as a Camp Lejeune Veteran
- Already enrolled in VA health care should contact their local VA health care facility to receive care under the law
- Who would otherwise not be eligible due to income limits are now eligible just from being at Camp Lejeune during that period of time
- Are eligible now, and should call 1-877-222-VETS (8387) for assistance
- Will eventually be placed in Priority Group 6 (unless eligible for a higher PG), but will be in the system as a PG 7 or PG 8 until system changes are implemented
- Do not pay copayments or third party billing for any of the 15 Camp Lejeune illnesses

Enrolled Veterans can receive any care provided in the medical benefits package but may pay a copayment or have third party billing for care not related to the 15 Camp Lejeune-covered illnesses.

#### Family members:

The Camp Lejeune Family Member Program (CLFMP) is designed for the family members who were stationed at Camp Lejeune between August 1, 1953, and December 31, 1987, who are determined by the VA to have one or more of the 15 Camp Lejeune-covered illnesses.

VA will not provide care in VA facilities for the family members but will be the last payer of claims for care related to the 15 illnesses in the law. VA will reimburse family members for care for the 15 illnesses back to March 26, 2013.

Family members must complete an application for the program at <u>www.clfamilymembers.fsc.va.gov</u> and submit receipts for reimbursement. They are encouraged to keep receipts for out-of-pocket medical expenses of the 15 Camp Lejeune-covered illnesses to submit with their claims.

For more information on eligibility, family members may contact the Department of Veterans Affairs, Financial Service Center, P.O. Box 149200, Austin, TX 78714-9200, call the toll-free CLFMP customer service line at 1-866-372-1144 or visit <u>www.clfamilymembers.fsc.va.gov/</u>. Veteran Benefits Administration and the Family Member program manage claims.

For more information about Camp Lejeune historical water contamination and to sign up for updates, visit the Military Exposure section on the VHA Office of Public Health website at <u>www.publichealth.va.gov/exposures/index.asp</u>.

The U.S. Marine Corps encourages all those who lived or worked at Camp Lejeune before 1987 to register to receive notifications regarding Camp Lejeune Historic Drinking Water at <u>https://clnr.hqi.usmc.mil/clwater</u>. To sign up for the Camp Lejeune Water newsletter, visit <u>www.marines.mil/clwater</u> or call 1-877-261-9782.

#### **Free Transportation to VA Appointments**

VA recognizes Veterans who are visually impaired, elderly or immobilized due to disease or disability, and particularly those living in remote and rural areas who face challenges traveling to and from their VA health care facilities and authorized VA Community Care appointments to receive the care they have earned.

To provide these Veterans with the most convenient and timely access to transportation services, VA is establishing a network of community transportation service providers that could include Veteran Service Organizations (VSOs); community and commercial transportation providers; federal, state and local government transportation services and non-profit organizations, such as United We Ride.

Veterans who are eligible for VA health care benefits and have a VA-authorized appointment are eligible for transportation through the Veteran Transportation Service program based on the availability capabilities of transportation resources and local facility ridership guidelines. Veterans needing transportation for care can contact the VTS Mobility Manager/ VTS Office at their local VAMC for more information.

#### **Medically Related Travel Benefits**

The Beneficiary Travel (BT) program reimburses eligible Veterans for costs incurred while traveling to and from VA health care facilities. The BT program may also provide pre-approved transportation solutions and arrange special mode transportation (SMT) at the request of VA. Veterans may be eligible for common carrier transportation (such as bus, taxi, airline or train) under certain conditions.

Veterans may qualify for mileage reimbursement or special mode transportation in relation to travel for VA health care if they:

- Have a service-connected disability rating of 30% or more; or
- Are traveling for treatment of a service-connected condition; or
- Receive a VA pension; or
- Are traveling for a scheduled compensation or pension examination; or
- Have income below the maximum annual VA pension rate

Special mode travel (such as a wheelchair van or ambulance) is provided to eligible Veterans based on a clinical determination of need (authorization is not required for emergencies if a delay would endanger their life or health).

Mileage reimbursement of 41.5 cents per mile may be claimed to offset the expense of travel when the Veteran drove to a qualified appointment. Reimbursement for the actual cost of common carrier travel (bus, train, taxi, etc.) is available in some circumstances.

#### **No More Standing In Line**

VA has implemented online form VA Form 10-3542, (Veteran/Beneficiary Claim for Reimbursement of Travel Expenses), as a simple way to apply for mileage reimbursement without standing in line. Contact your local VAMC Beneficiary Travel office for details.

Travel benefits are subject to a deductible. Exceptions to the deductible requirement include:

- Travel for a compensation and pension examination
- Travel by an ambulance or a specially equipped van
- · When annual income does not exceed certain limits

For more information on travel benefits, visit <u>www.va.gov/healthbenefits/vtp/beneficiary\_travel.asp</u>.

#### Health Benefits for Service-Connected Conditions are Never Out of Reach

VA's Foreign Medical Program (FMP) provides health care payment/reimbursement for U.S. Veterans with VA-rated service-connected conditions who live or travel abroad.

All countries (excluding the Philippines)		
Address	Telephone	Fax
Foreign Medical Program		
PO Box 469061	1-303-331-7590	1-303-331-7803
Denver, CO 80246-9061		

To contact FMP online	Web site	
https://iris.custhelp.com/	www.va.gov/COMMUNITYCARE/programs/veterans/fmp/index.asp	

Medical Services in the Philippines		
Address	Telephone	Fax
VA Outpatient Clinic – Manila Department of Veterans Affairs PSC 501 DPO, AP 96515	1-800-1888-8782 or 011-632-318-VETS (8387)	011-632-310-5957

#### **Notice of Privacy Practices**

Veterans who are enrolled for VA health care benefits have various privacy rights under federal law and regulations, including the right to a Notice of Privacy Practices. To review the VA Notice of Privacy Practices, visit <u>www.oprm.va.gov/privacy/resources\_privacy.aspx</u> or write to the VHA Privacy Office (19F2), 810 Vermont Avenue NW, Washington, DC 20420.

#### **Services and Tools Available Online**

#### VA's Health Benefits website

VA's health benefits website, located at <u>www.va.gov/healthbenefits</u>, contains a wide range of information related to the medical benefits, information and resources available to its enrollees, such as:

- Online application for enrollment
- Newly-released information regarding updates or changes to VA health care benefits and services
- Medical benefits based on eligibility and priority group
- Eligibility and benefits determination calculator
- Copayment information
- Contact Information
- Online chat features
- Access to downloadable resources (fact sheets, brochures, etc.)
- Resource library
- Links to other sites of interest, such as MyHealtheVet, eBenefits, Pay.gov and the Affordable Care Act

#### **Office of Public Health**

The VA Office of Public Health brings a public health approach to promoting and protecting the health of Veterans and VA staff. Visit <u>www.publichealth.va.gov</u> to learn about important health-related subjects, including:

- Health & Wellness: topics that cover staying healthy with vaccinations and infection-control habits, employee wellness programs and violence prevention
- Diseases & Conditions: find out more about certain medical conditions that may affect Veterans
- VA conducted health related studies and data: the Office of Public Health and research organizations conduct studies on the health issues affecting Veterans to better serve their needs
- Military Exposures: learn about exposure-related health concerns

#### Self-Service Kiosks

VA offers touch-screen devices at VAMCs and CBOCs for Veterans to have convenient control and access to their health information. Activities include:

- Check in for current appointments and view future appointments
- Apply for beneficiary travel mileage reimbursement
- Request medical records
- Review account balance
- Review and reconcile medication and allergy information

More capabilities will be available soon. Visit <u>www.va.gov/healthbenefits/vps</u> to learn more.

#### Your Personal VA Health Information At Your Fingertips

#### **MyHealtheVet**

VA emphasizes patient-centered innovations, including MyHealtheVet (<u>www.myhealth.va.gov</u>), an e-portal suite of tools for Veterans and caregivers that provides:

- Secure, web-based Personal Health Record (PHR) patient access to personal health information from the VA Electronic Health Record
- The ability to download and share personal health information using the VA Blue Button
- Online services, such as e-prescription refills, trusted health education resources
- Secure messaging between patients and their VA health care teams

If you are a VA patient and have an upgraded account (obtained by completing the one-time authentication process), you can:

- Participate in secure messaging with your participating VA health care team members
- Request prescription refills
- View key portions of your DoD military service information
- Get or view your VA:
  - Wellness reminders
  - Appointments and lab results
  - Allergies and adverse reactions
  - Key portions of your electronic record
  - Continuity of Care Documents
  - Participate in future features as they become available

Visit MyHealtheVet at <u>www.myhealth.va.gov</u>, register and learn more about authentication PLUS the many features and tools available to you 24/7 anywhere you have Internet access. For more information about MyHealtheVet, contact the MyHealtheVet coordinator at your local VA facility.

#### Special Care Access Network – Extension for Community Healthcare Outcomes (SCAN-ECHO)

Through VA's SCAN-ECHO initiative, Veterans and their primary care team use video conferencing technology to seek expertise from specialists located 100 to 500 miles away. VA offers SCAN ECHO to more than 40 rural sites of care with more than 100 participating rural primary care physicians, nurse practitioners and physician assistants.

#### **Mobile Apps**

VA is leveraging mobile health technology to provide Veterans with additional opportunities to become active partners in their health care. VA Mobile releases new apps for Veterans regularly. Check <u>https://mobile.va.gov/</u> often for new information about available apps.

#### eBenefits

eBenefits is a one-stop shop for benefits-related information for Veterans, Wounded Warriors, Servicemembers, their families and their caretakers. eBenefits allows Veterans to apply for VA benefits, such as health care, education and pension. Other services include:

#### Apply –

- Disability compensation
- Add or remove dependent
- Vocational Rehabilitation and Employment Program

#### Manage Benefits –

- Compensation claims status
- Direct deposit
- VA letters and Certificate of Eligibility for Home Loan

#### Manage Health –

- VA medical records and prescription refills
- VA appointment scheduling
- Order hearing aid batteries and prosthetic socks
- For more information, visit: <u>www.ebenefits.va.gov</u>.

#### **Veterans Canteen Service**

Veterans Canteen Service (VCS) offers you the opportunity to shop and dine at any of its store/café operations located in VA hospitals, in many CBOCs across the country and in some Veterans Benefits Offices. The VCS Patriot Store Direct 1-800 Special Order Program offers savings on top, name brand retail items, such as computers, tires, tools, large appliances, flowers, jewelery, toys and much more. Browse vendors and monthly features at <u>www.vacanteen.va.gov</u> and look for the Special Order page on the left side navigation or call 1-800-664-8258 Monday through Friday between 8 a.m. and 6 p.m. ET to place an order.

For more information, visit <u>www.vacanteen.va.gov</u>.

## **Frequently Asked Questions**

#### Where can I find more information?

Call VA Health Benefits help line at 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET. Information also is available at <u>www.va.gov/healthbenefits</u>.

#### How can I verify my enrollment?

Once your enrollment is confirmed, you will receive a Veterans Health Benefits Handbook from us notifying you of the status of your enrollment. You may also call us to verify your enrollment at 1-877-222-VETS (8387) Monday through Friday between 8 a.m. and 8 p.m. ET.

#### If enrolled, must I use VA as my exclusive health care provider?

There is no requirement that VA become your exclusive provider of care. If you are a Veteran who is receiving care from both VA and a local provider, it is important for your health and safety that your care is coordinated, resulting in one treatment plan (co-managed care).

# I am moving to another state. How do I transfer my care to a new VA health care facility?

If you want to transfer your care from one VA health care facility to another, contact your PACT. Your PACT will work with the Traveling Veteran Coordinator for assistance in transferring your care and establishing an appointment at the new facility.

#### How do I choose a preferred facility? How do I change my preferred facility?

When you apply for enrollment, you will be asked to choose a preferred VA facility. This will be the VA facility where you will receive your primary care. You may select any VA facility that is convenient for you.

If the facility you choose cannot provide the health care that you need, VA will make other arrangements for your care based on administrative eligibility and medical necessity. If you do not choose a preferred facility, VA will choose the facility that is closest to your home. You may change your preferred facility at any time.

#### Can I cancel my VA health care coverage?

You may request to dis-enroll from VA health care, commonly referred to as cancel/decline, at any time. To request to be dis-enrolled, you must submit a signed and dated document requesting to be dis-enrolled from VA health care to a VA Medical Center or you may mail the request to:

Health Eligibility Center Enrollment & Eligibility Division 2957 Clairmont Road, Suite 200 Atlanta, GA 30329-1647

Cancelling your VA health care coverage may impact your health care coverage requirements under the Affordable Care Act if you do not have other qualifying health care.

You may reapply for enrollment at any time by completing a new VA Form 10-10EZ, (Application for Health Benefits), online at <u>www.Vets.gov</u>, by calling 1-877-222-VETS (8387) or by visiting your local VA health care facility. Please note that you will be considered a new applicant and eligibility for enrollment will be based upon eligibility requirements in place at that time.

#### Where can I find the new income limits?

Because VA income limits may change each year, they are not published in this booklet; however, the income limit tables can be viewed online at <u>http://nationalincomelimits.vaftl.us/</u>.

#### What is a geographic income limit?

Recognizing the cost of living can vary significantly from one geographic area to another, Congress added income limits based on geographic locations to the existing VA income limits for financial assessment purposes. Veterans whose income falls between the VA income limit and the geographic income limit for the Veteran's locale will have their inpatient medical care copayments reduced by 80%.

Geographic income limits can be found at http://nationalincomelimits.vaftl.us.

# What happens if, at the end of the process, my income is verified to be higher than the income limits?

Your copayment status will be changed from copayment exempt to copayment required, which may result in disenrollment due to enrollment restrictions for Veterans whose income exceeds the income limits. VA facilities involved in your care will be notified of your change in status and to initiate billing for services provided during that income year. Your enrollment priority status may be changed if your financial status is adjusted by the income verification process. If your enrollment status is changed, you will be notified by mail.

#### Does VA have access to my income tax return?

No, VA does not have access to your tax return. The IRS and the SSA share earned and unearned income data reported by employers and financial institutions.

#### I am a recently discharged combat Veteran. Must I pay VA copayments?

Veterans who qualify under this special eligibility are not subject to copayments for conditions potentially related to their combat service; however, unless otherwise excused, combat Veterans may be subject to appropriate copayment rates for care or services VA determines are unrelated to their military service.

#### What is a VA service-connected rating and how do I establish one?

A service-connected rating is an official ruling by VA that your illness or condition is directly related to your active military service. To obtain more information or to apply for any of these benefits, contact your nearest VA Regional Office at 1-800-827-1000 or visit us online at <u>www.ebenefits.va.gov</u> or <u>www.va.gov</u>.

#### What if I receive a bill and cannot pay?

If you are unable to pay your bill, you should discuss the matter with Revenue staff at the VA health care facility where you received your care. See "VA Has Programs That Can Help Veterans Pay Copayments" on page 12.

#### What is the Affordable Care Act?

The Affordable Care Act, also known as the health care law, was created to expand access to affordable health care coverage to all Americans, lower costs and improve quality and care coordination. For more information, see "Coverage Under The Affordable Care Act" on page 14 or visit <u>www.va.gov/health/aca/</u>.

## If I am enrolled in VA health care, do I meet the requirements for health care

#### coverage?

Yes. If you are enrolled in any of VA's programs below, you have coverage under the standards of the health care law:

VA health care program CHAMPVA Spina Bifida Health Care Benefits Program

#### When do I begin declaring health care coverage to IRS?

U.S. taxpayers need to declare their health coverage on their federal tax forms.

### When will VA begin notifying the IRS of a Veteran's enrollment in the VA health care system?

In 2015, VA began sending the IRS, Veterans and eligible beneficiaries forms that provide details of the health coverage provided by VA. These forms are used for the income tax process.

### What if I did not receive this form?

Since 2015, VA has annually sent IRS Form 1095-B to Veterans who were enrolled in the VA health care system at any time the previous calendar year. If you did not receive a Form 1095-B from VA explaining your health care coverage for each year you are or have been enrolled, call 1-877-222-VETS (8387) Monday through Friday from 8 a.m. until 8 p.m. ET. This form is for your records only and should not be sent to the IRS or returned to VA.

### What is a PACT?

A Patient Aligned Care Team (PACT) includes the Veteran, his or her family or caregivers and a group of health care professionals who work together to plan that individual's whole-person care and life-long health and wellness. It focuses on:

Partnerships with Veterans Access to care using diverse methods Coordinated care among team members Team-based care with Veterans as the center of their PACT

### How does a PACT function?

A PACT uses a team-based approach. You are the center of the care team that also includes your family members, caregivers and health care professionals – primary care provider, nurse care manager, clinical associate and administrative clerk. When other services are needed to meet your goals and needs, another care team may be called in. For more information, visit <u>www.patientcare.va.gov/primarycare/PACT.asp</u>.

#### Am I eligible for dental care?

Dental benefits are provided by the VA according to law. In some instances, VA is authorized to provide extensive dental care, while in other cases, treatment may be limited. The chart below describes dental eligibility criteria and contains information to assist Veterans in understanding their eligibility for VA dental care.

The eligibility for outpatient dental care is not the same as for most other VA medical benefits and is categorized into classes. For instance, if you are eligible for VA dental care under Class I, IIC or IV, you are eligible for any necessary dental care to maintain or restore oral health and masticatory function, including repeat care. Other classes have time and/or service limitations.

lf you:	You are eligible for:	Classes
Have a service-connected compensable dental disability or condition	Any needed dental care.	Class I
Are a former prisoner of war	Any needed dental care.	Class IIC
Have service-connected disabilities rated 100% disabling or are unemployable and paid at the 100% rate due to service-connected conditions	Any needed dental care. Veterans paid at the 100% rate based on a temporary rating, such as extended hospitalization for a service- connected disability, convalescence or pre-stabilization are not eligible for comprehensive outpatient dental services based on this temporary rating.	Class IV

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If you:	You are eligible for:	Classes
Apply for dental care within 180 days of discharge or release from a period of active duty (under conditions other than dishonorable) of 90 days or more during the Persian Gulf War era	One-time dental care if your DD 214 (Certificate of Release or Discharge from Active Duty) does not indicate that a complete dental examination and all appropriate dental treatment had been rendered prior to discharge.*	Class II
Have a service-connected noncompensable dental condition or disability resulting from combat wounds or service trauma	Any dental care necessary to provide and maintain a functioning dentition. A Dental Trauma Rating (VA Form 10-564-D) or VA Regional Office Rating Decision letter (VA Form 10-7131) identifies the tooth/teeth that are trauma rated.	Class IIA
Have a dental condition clinically determined by VA to be associated with and aggravating a service- connected medical condition	Dental care to treat the oral conditions that are determined by a VA dental professional to have a direct and material detrimental effect to your service- connected medical condition.	Class III
Actively engaged in a 38 USC Chapter 31 Vocational Rehabilitation and Employment Program	Dental care to the extent necessary as determined by a VA dental professional to:	Class V
	Make possible your entrance into a rehabilitation program	
	Achieve the goals of your vocational rehabilitation program	
	Prevent interruption of your rehabilitation program	
	Hasten the return to a rehabilitation program if you are in interrupted or leave status	
	Hasten the return to a rehabilitation program of a Veteran if you are placed in discontinued status because of illness, injury or a dental condition, or	
	Secure and adjust to employment during the period of employment assistance, or enable you to achieve maximum independence in daily living.	
Receive VA care or are scheduled for inpatient care and require dental care for a condition complicating a medical condition currently under treatment	Dental care to treat the oral conditions that are determined by a VA dental professional to complicate your medical condition currently under treatment.	Class VI
An enrolled Veteran who is homeless and receiving care under VHA Handbook 1130.01	A one-time course of dental care that is determined medically necessary to relieve pain, assist you to gain employment or treat moderate, severe or complicated and severe gingival and periodontal conditions.	Class IIB

\*Note: Outpatient emergency dental care may be provided as a humanitarian service to individuals who do not have established dental eligibility. Dental treatment is limited to that necessary to address acute pain or a dental condition which is determined to be endangering life or health.

\**Note:* Public Law 83, enacted June 16, 1955, amended Veterans' eligibility for outpatient dental services. As a result, any Veteran who received a dental award letter from the Veteran Benefits Administration (VBA) dated before 1955, in which VBA determined the dental conditions to be non-compensable, is no longer eligible for Class II outpatient dental treatment.

Veterans receiving hospital, nursing home or domiciliary care will be provided dental services that are professionally determined by a VA dentist, in consultation with the referring physician, to be essential to the management of the patient's medical condition under active treatment.

For more information about eligibility for VA medical and dental benefits, call toll-free 1-877-222-VETS (8387) or visit <u>www.va.gov/healthbenefits</u>.

### What is Community Care?

Community care is when the Veteran's VA care team determines the Veteran should be referred to a community provider and VA would pay for the cost of that care because:

- Demand exceeds the VA health care facility capacity
- There is a need for diagnostic support services for VA clinicians
- Specialty care services are scarce such as obstetrics, hyperbaric, burn care, oncology and/or when VA resources are not available due to constraints such as staffing, equipment, space
- It is cost-effective for VA
- Meets patient wait time requirements

### Do I qualify for routine health care at community facilities at VA expense?

To qualify for routine health care at community facilities at VA's expense, you must first be given a written referral. Included among the factors in determining whether such care will be authorized is your medical condition and the availability of VA services within your geographic area. VA copayments may be applicable.

### Am I eligible for emergency care at a community facility?

An eligible Veteran may receive emergency care at a community health care facility at VA expense when a VA facility or other federal health care facility with which VA has an agreement is unable to furnish economical care due to the Veteran's geographical inaccessibility to a VA medical facility, or when VA is unable to furnish the needed emergency services. (See "Emergency Care" on page 22 for specific rules.)

### Are there any payment limitations for community emergency care?

Claims must be timely filed for community emergency care not authorized by VA in advance of services being furnished. Because timely filing requirements differ by type of claim, you should contact the nearest VA medical facility as soon as possible to avoid payment denial for an untimely filed claim. (See "Emergency Care" on page 22 for specific rules.)

Payment may not be approved for any period beyond the point of stability, except when VA cannot accommodate transfer of the Veteran to a VA or other federal facility. An emergency is deemed to have ended at the point of stability when a VA physician has determined that, based on sound medical judgment, a Veteran who received emergency hospital care could have been transferred from the community facility to a VA medical center for continuation of treatment.

### What type of emergency care can VA authorize in advance?

Subject to eligibility and payment limitations described in "Emergency Care" on page 22, VA may preauthorize and issue payment for community emergency care when treatment is needed for:	Inpatient Care	Outpatient Care
The Veteran's VA-rated service-connected disability, or for a nonservice- connected condition that is associated with and aggravating the Veteran's service- connected condition	Yes	Yes
A disability for which the Veteran was released from active duty	Yes	Yes
Any condition of a Veteran who is rated by VA as permanently and totally disabled due to a service-connected disability	Yes	Yes
Any condition of a Veteran who is an active participant in the VA Chapter 31 Vocational Rehabilitation and Employment Program and who needs treatment that is medically determined to make possible the Veteran's entrance into a course of training or prevent interruption of a course of training that was interrupted due to such illness, injury or dental condition	Yes	Yes
Any condition for a Veteran who has a VA service-connected disability rating of 50% or greater. ( <i>Note:</i> A service-connected disability rated at 50 percent or more is for one disability, not as a result of combining multiple disabilities.)	No	Yes
A condition for which the Veteran has been furnished VA hospital care, nursing home, domiciliary care or medical services and who requires medical services to complete treatment incident to such care or services	No	Yes
Any condition of a Veteran who is in receipt of increased VA pension, additional VA compensation or allowances based on the need for regular aid and attendance or by reason of being permanently housebound	No	Yes
A condition requiring emergency care that developed while the Veteran was receiving medical services in a VA facility or contract nursing home or during VA authorized travel	Yes	Yes
Any condition that will prevent the need for hospital admission for a Veteran in the state of Alaska or Hawaii and U.S. Territories, excluding Puerto Rico	Yes	Yes
Any condition for women Veterans	Yes	No
Any dental services, treatment and related dental appliances for Veterans who are former prisoners of war	No	Yes
Hospital care or medical services while in authorized travel status	Yes	Yes
For any disability of a Veteran receiving VA contract nursing home care, and in need of emergency treatment	Yes	Yes



# Smile!

VA has you covered with the VA Dental Insurance Program (VADIP)



The VA Dental Insurance Program (VADIP) offers dental insurance at a special low rate for Veterans and CHAMPVA beneficiaries.

Choose from plans offered by Delta Dental and MetLife.

**Enroll now. Enrollment reopened November 2017.** To learn more and sign up, contact the dental plans directly:

**Delta Dental:** www.deltadentalvadip.org or (855) 370-3303

MetLife:

www.metlife.com/VADIP or (888) 310-1681



**U.S. Department of Veterans Affairs** 

Veterans Health Administration

Participants in VADIP pay a fixed monthly premium in addition to any copayments required by the plan. Eligibility for VADIP is limited to Veterans enrolled in VA health care and beneficiaries of VA's Civilian Health and Medical Program (CHAMPVA).

To learn more about eligibility, visit www.va.gov/healthbenefits/VADIP.

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### Can VA pay for community emergency care that is not preauthorized?

VA has limited payment authority when emergency care at a non-VA facility is provided without authorization by VA in advance of services being furnished or when notification to VA is not made within 72 hours of admission. VA may pay for unauthorized emergency care as indicated below. Since payment may be limited to the point your condition is stable for transfer to a VA facility, the nearest VA medical facility should be contacted as soon as possible for all care not authorized by VA in advance of the services being furnished.

For service-connected	For nonservice-connected conditions
VA may only pay for emergency care provided in a community facility for certain Veterans who are rated by VA with a service-connected disability. VA may pay for emergency inpatient or outpatient care when treatment is needed for:	VA may only pay for emergency care provided in a community facility for treatment of a nonservice-connected condition if all of the following conditions are met:
The Veteran's VA rated service-connected disability or for a nonservice-connected condition that is associated with and aggravating the Veteran's service-connected condition	If a nonservice-connected condition is associated with and held to be aggravating your service-connected condition.
	The treatment is to make possible your entrance into a training course or to prevent interruption of a training course, if you are an active participant in the 38 U.S.C. Chapter 31 Vocational Rehabilitation and Employment Program.
	If you are rated as having a total disability permanent in nature resulting from your service-connected disability.
A VA facility was not considered feasibly available when the urgency of the Veteran's medical condition, the relative distance of the travel involved or the nature of the treatment required makes it necessary or economically advisable to use public or private facilities	The Veteran is enrolled in the VHA health care system and received VA medical care within a 24-month period preceding the furnishing of the emergency treatment
Any condition of a Veteran who is rated by VA as permanently and totally disabled due to a service- connected disability	The Veteran is personally liable to the health care provider for the emergency treatment that meets the prudent layperson definition of an emergency
Any condition of a Veteran who is an active participant in the VA Chapter 31 Vocational Rehabilitation and Employment Program, who needs treatment medically determined to make possible the Veteran's entrance into a course of training or to prevent interruption of a course of training that was interrupted due to such illness, injury or dental condition	The Veteran has no other contractual or legal recourse against a third party that would, in whole, extinguish the Veteran's liability. The claim must be filed within 90 days from the date of discharge or the date the Veteran exhausted without success any actions to obtain payment from a third party

For service-connected	For nonservice-connected conditions
VA may only pay for emergency care provided in a community facility for certain Veterans who are rated by VA with a service-connected disability. VA may pay for emergency inpatient or outpatient care when treatment is needed for:	VA may only pay for emergency care provided in a community facility for treatment of a nonservice-connected condition if all of the following conditions are met:
For 38 U.S.C. § 1728 a prudent layperson would have reasonably expected that delay in seeking immediate medical attention would have been hazardous to life or health	A prudent layperson would have reasonably expected that delay in seeking immediate medical attention would have been hazardous to life or health
For 38 U.S.C. 1703, a clinical emergency existed that poses a serious threat to the life or health of a veteran receiving hospital care or medical services	
Once authorization for care is granted by VA, the authorization will be continued after admission only for the period of time required to stabilize or improve the patient's condition to the extent that further care is no longer required to satisfy the purpose it was initiated	Once authorization for care is granted by VA, the authorization will be continued after admission or only for the period of time required to stabilize or improve the patient's condition to the extent that further care is no longer required to satisfy the purpose it was initiated
	Treatment was provided in a hospital emergency room

#### Does VA offer compensation for travel expenses to and from a VA facility?

Yes, but not all Veterans qualify. If you meet specific criteria (see "Medically Related Travel Benefits" on page 27), you are eligible for travel benefits.

### I already provided financial information on my initial VA application. Why is it necessary to complete a separate financial assessment for long-term care?

Unlike the information collected from the financial assessment, which is based on your previous year's income, the 10-10EC is designed to assess your current financial status, including current expenses. This in-depth analysis provides the necessary monthly income/expense information to determine whether you qualify for free, long-term care or a significant reduction from the maximum copayment charge.

### Once I submit a completed VA Form 10-10EC, who notifies me of my long-term care copayment requirements?

The social worker or case manager involved in your long-term care placement will provide you with an annual projection of your monthly copayment charges.

### Assuming I qualify for nursing home care, how is it determined whether the care will be provided in a VA facility or a private nursing home at VA expense?

Generally, if you qualify for indefinite nursing home care, that care will be furnished in a VA facility. Care may be provided in a private facility under VA contract when there is compelling medical or social need.

If you do not qualify for indefinite care, you may be placed in a community nursing home, generally not to exceed six months, following an episode of VA care. The purpose of this short-term placement is to provide assistance to you and your family while alternative, long-term arrangements are explored. 40 | Health Care Benefits Overview 2018

### For Veterans who do not qualify for indefinite VA Community Living Center care at VA expense, what assistance is available for making alternative arrangements?

When the need for nursing home care extends beyond the Veteran's eligibility, our social workers will help family members identify possible sources for financial assistance. Our staff will review basic Medicare and Medicaid eligibility and direct the family to the appropriate sources for further assistance, including possibly applying for additional VA benefit programs.

### What does the VHIC provide that the old ID card did not?

- Increased security for your personal information no personally identifiable information is contained on the magnetic stripe or barcode
- A salute to your military service the emblem of your latest branch of service is displayed on your card. Several special awards also will be listed

### What document(s) do I need to prove my identity to receive a VHIC?

### **Primary Identification**

Present ONE form of Primary Identification (Unexpired)

Driver's license

U.S. Passport or U.S. Passport Card

Other Government ID\*

\* The 'Other Government ID' card can be issued by federal, state or local government agencies provided it contains a photograph, name, Date of Birth, address. If address is not on the proofing document, Veteran can provide separate documentation that contains address in order to confirm the address information in the proofing Task. Acceptable address documents include the following:

- Electric bill
- Cable bill
- Other mailing document
- Voters Registration card

### What do I do if my VHIC is lost or stolen?

If your VHIC is lost or stolen, contact your local VA medical facility where you receive your care to request a new card be re-issued or call 1-877-222-VETS (8387). You will need to provide the proper identification during the call. If you request a replacement VHIC, your previous card will be deactivated.

Notes	



# Support a Veteran you know who may be facing tough times.

### Share the mental health resources and stories of recovery at *www.MakeTheConnection.net*





U.S. Department of Veterans Affairs

# **CAMP LEJEUNE HEALTH** and **DISABILITY BENEFITS**

Benefits for Camp Lejeune Veterans and family members include health care for 15 conditions listed in the Honoring America's Veterans and Caring for Camp Lejeune Families Act of 2012.

Veterans can receive disability and health care benefits for eight presumptive disease conditions associated with contaminants in the water at Camp Lejeune.

## HEALTH

Health care and health care funding assistance to Veterans and family members who lived on Camp Lejeune and have one of the covered conditions.

### Qualifying health conditions include:

- Bladder cancer
- Multiple myeloma
- Breast cancer
- Esophageal cancer
- Female infertility
- Hepatic steatosis
- Kidney cancer
- Leukemia
- Lung cancer
- Miscarriage

- Myelodysplastic syndromes
- Neurobehavioral effects
- Non-Hodgkin's lymphoma
- Renal toxicity
- Scleroderma

## DISABILITY

The presumption applies to active duty, reserve, and National Guard members exposed to contaminants in the water supply at Camp Lejeune who later developed one or more of the following eight conditions:

- Adult leukemia
- Aplastic anemia and other myelodysplastic syndromes
- Bladder cancer
- Kidney cancer
- Liver cancer
- Multiple myeloma
- Non-Hodgkin's lymphoma
- Parkinson's disease

Family members are not eligible for disability benefits.

### FOR INFORMATION

VA Health Care 1-877-222-8387 VA Benefits 1-800-827-1000 CL Family Health Care 1-866-372-1144 www.va.gov/healthbenefits/apply/ explore.va.gov/disability-compensation www.clfamilymembers.fsc.va.gov/





Stationed at/lived on Camp Lejeune for at least 30 days between August 1, 1953, and December 31, 1987.



**U.S.** Department of Veterans Affairs **Department of Veterans Affairs** Veterans Health Administration Member Services



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