

Adopt-a-Unit

Over 121,000 military and family members are being actively supported by VFW Posts and Auxiliaries through the VFW Adopt-a-Unit program.

Popular examples of Adopt-a-Unit activities:

- Family Days- VFW understands the importance of family to the military member and their mission
- > <u>Welcome Home & Deployment events</u>
- Holiday events
- Meetings and Support Seminars
- Community Projects- Annually VFW posts donate \$ 48.2 million dollars and their 8.6 million volunteer hours to community activities.
- Direct assistance- lawn care, auto repairs, renovations to help accommodate a newly wounded service member
- And much more......
- VFW Posts work with unit commanders and senior enlisted personnel to develop supportive relationships with units before, during and after deployments. We offer a vast network of free resources and a variety of direct support for military members and their families.
- If your unit is interested in being adopted:
 - > Check if someone in the unit is already a member of a local VFW Post.
 - Use the "Find a Post" locator on VFW's website: <u>http://www.vfw.org/oms/findpost.aspx</u>
 - Contact VFW National HQs: <u>map@vfw.org</u> or (816) 756-3390, ext 211.



